

FHS FOOTBALL 2026 SUMMER PRACTICES

ALL RANK ONE PAPERWORK MUST BE DONE TO PARTICIPATE

DAY	DATE	PRACTICE	WEIGHTS	FFRESHMEN PRACTICE	EVENING 7's/Skills
MONDAY	Jun 1	V/JV: 6-7:45 am	EVERYONE 8-9am	FRSH: 9-10am	BASIN AREA 7's/Line LOC:TBA
TUESDAY	Jun 2	V/JV: 6-7:45 am	EVERYONE 8-9am	FRSH: 9-10am	
WEDNESDAY	Jun 3	V/JV: 6-7:45 am	EVERYONE 8-9am	FRSH: 9-10am	UTAH ELITE CAMP opportunity
THURSDAY	Jun 4	V/JV: 6-7:45 am	EVERYONE 8-9am	FRSH: 9-10am	
FRIDAY	Jun 5	OFF			TRAVEL to UTAH-
SATURDAY	Jun 6	UTAH 7" S TOURNEY/LINE CHALLENGE/ VARSITY			TRAVEL HOME
SUNDAY	Jun 7	OFF			
MONDAY	Jun 8	V/JV: 6-7:45 am (HELMETS)	EVERYONE 8-9am	FRSH: 9-10am	BASIN AREA 7's/Line LOC:TBA
TUESDAY	Jun 9	V/JV: 6-7:45 am (HELMETS)	EVERYONE 8-9am	FRSH: 9-10am	
WEDNESDAY	Jun 10	V/JV: 6-7:45 am (SHELL)	EVERYONE 8-9am	FRSH: 9-10am	ALUMNI 7's
THURSDAY	Jun 11	V/JV: 6-7:45 am (SHELL)	EVERYONE 8-9am	FRSH: 9-10am	
FRIDAY	Jun 12	V/JV: 6-7:45 am (SHELL)	NO WEIGHTS		
SATURDAY	Jun 13	BERNALILLO 7 on 7 Tourney			
SUNDAY	Jun 14	OFF			
MONDAY	Jun 15	V/JV: 6-7:45 am (F PADS)	EVERYONE 8-9am	FRSH: 9-10am	BASIN AREA 7's/Line LOC:TBA
TUESDAY	Jun 16	V/JV: 6-7:45 am (F PADS)	EVERYONE 8-9am	FRSH: 9-10am	PLAYERS COLLECT DOOR PRIZES
WEDNESDAY	Jun 17	V/JV: 6-7:45 am (F PADS)	EVERYONE 8-9am	FRSH: 9-10am	ALUMNI 7's
THURSDAY	Jun 18	V/JV: 6-7:45 am (F PADS)	EVERYONE 8-9am	FRSH: 9-10am	PLAYERS COLLECT DOOR PRIZES
FRIDAY	Jun 19	V/JV: 6-7:45 am (F PADS)	NO WEIGHTS		
SATURDAY/SUNDAY	OFF				
MONDAY	Jun 22	EVERYONE 6:45am-7:50am.	EVERYONE 8-8:40am	GREEN MACHINE CAMP 9am-12pm	PLAYERS COLLECT DOOR PRIZES
TUESDAY	Jun 23	EVERYONE 6:45am-7:50am.	EVERYONE 8-8:40am	GREEN MACHINE CAMP 9am-12pm	PLAYERS COLLECT DOOR PRIZES
WEDNESDAY	Jun 24	EVERYONE 6:45am-7:50am.	EVERYONE 8-8:40am	GREEN MACHINE CAMP 9am-12pm	PLAYERS COLLECT DOOR PRIZES
THURSDAY	Jun 25	EVERYONE 6:45am-7:50am.	EVERYONE 8-8:40am	GREEN MACHINE CAMP 9am-12pm	PLAYERS COLLECT DOOR PRIZES
FRIDAY	Jun 26	DOOR PRIZES DUE			
SATURDAY	Jun 27	FHS GOLF TOURNEY	PLAYER HELP WORK THIS DAY- OUR BIGGEST PROGRAM FUNDRAISER		
SUNDAY	Jun 28	OFF			
MONDAY	Jun 29	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	BASIN AREA 7's/Line LOC:TBA
TUESDAY	Jun 30	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	
WEDNESDAY	Jul 1	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	Varsity - ALUMNI 7's
THURSDAY	Jul 2	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	
JULY 3-5	OFF	THREE DAY WEEKEND	HAPPY INDEPENDENCE DAY		
MONDAY	Jul 6	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	BASIN AREA 7's/Line LOC:TBA
TUESDAY	Jul 7	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	
WEDNESDAY	Jul 8	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	Varsity - ALUMNI 7's
THURSDAY	Jul 9	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	
FRIDAY	Jul 10	OFF			
SATURDAY	Jul 11	BLOOMFIELD TOURNEY 8am-3pm			
SUNDAY	Jul 12	OFF			
MONDAY	Jul 13	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	BASIN AREA 7's/Line LOC:TBA
TUESDAY	Jul 14	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	
WEDNESDAY	Jul 15	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	ALUMNI 7's
THURSDAY	Jul 16	VAR/JV 6:45am-7:50am.	Everybody 8-9am	FRSH: 9-10am	EOS EVENT- TBD
7/17/2026-8/2/2026 OFF----- 2.5 WEEK FOOTBALL VACATION- GO TO WEIGHTS IF YOU'RE IN TOWN					
MONDAY	Aug 3	OFFICIAL PRACTICE BEGINS	6am-7:30am - PRACTICE	3:30pm-5:00 pm PRACTICE	
TUESDAY	Aug 4		6am-7:30am - PRACTICE	3:30pm-5:00 pm PRACTICE	
WEDNESDAY	Aug 5	FIRST DAY OF SCHOOL		3:30pm-5:00 pm PRACTICE	
THURSDAY	Aug 6	1st Hour Weights		3:30pm-5:00 pm PRACTICE	
FRIDAY	Aug 7	1st Hour Weights		2:00PM-4:30PM	TEAM/FAMILY BBQ- SENIOR TALENT SHOW
SATURDAY	Aug 8	INTERSQUAD/PICTURES 10:00AM			